

For more news
check out our
website:

sidings.org.uk



**Sidings
Community
Centre**

Telephone: 0207-625-6260



**SUMMER 2024
NEWSLETTER**



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FUNDRAISING NEWS

Our fundraising programme started well after Sidings Community Centre's amazing team of trustees, staff and supporters (see photo below) who raised a fantastic £3,229.75 following our "Sprint for Sidings" Fun Run in Hampstead Heath on Saturday 23rd March.

Sue Measures, Centre Manager, said "It was heart-warming to have such fantastic support and well-wishes from the community who kindly donated towards our fundraising campaign, left messages of support and participated on the day."

The Fun Run may become an annual event to help raise funds to provide resources, and pay for the essential costs which centres like Sidings have to find.

Please look on our website for more news of our next fundraising campaign.

There are ongoing ways for members of the community and supporters to make donations online, however, big or small using the following links:

- [Donate to our JustGiving page](#)
- [Support us via EasyFundraising](#)
- People can also make a cash donations at the centre office.
- Show continued support by becoming Member. £5 (Waged), £2 (unwaged) annually





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To subscribe to our newsletter,
visit our website: <https://sidings.org.uk/>

Mobile: 07483378339

EMPLOYABILITY & COST OF LIVING SUPPORT

NHS WORKSHOP - TUESDAY JUNE 11TH

Providing guidance and tools for
various job roles, graduate
schemes, apprenticeships.

Application and interview tips

Find out information about
different vacancies

Workshops will take place from
10 AM - 12 PM.

Email Tom.Palmer@camden.gov.uk
to book your place.

FOOD SUPPORT

The WEST HAMPSTEAD COMMUNITY
FOOD HUB continues to provide food
support every Saturday from 10am to
12.30pm, supported by our fantastic
volunteers and donors.

During the week from 12pm to 2pm,
residents can enjoy the delicious,
freshly made soups and sandwiches at
our WARM HUB CAFE every Tuesday,
Wednesday and Thursday.

One to One **ADVICE** @ Sidings Community Centre



Sidings
Community
Centre



CITIZENS ADVICE CAMDEN

Advice Sessions run by Citizens
Advice Camden fortnightly on
Tuesdays from 13th February
onwards to support those
facing challenges linked to the
Cost of Living or other issues for
which they need expert advice.

To book a session:

Call: 07769225580 or Email
office@sidings.org.uk

- Need help with Benefits???
- Having issues with your Finances???
- Do you need help with Housing???
- Do you need advice on any family issue you are facing???

One to one Advice sessions are available at
Sidings Community Centre by Citizens Advice
Camden for FREE one EVERY TWO WEEKS on
TUESDAYS from 10:30 AM - 4:30 PM

SESSIONS BY APPOINTMENT ONLY
[Advice North Camden Project](#)



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Sidings Community Centre

Email: office@sidings.org.uk

Address: 150 Brassey Road, NW6 2BA

ACTIVITIES AT SIDINGS

Every Saturday morning the West Hampstead School of Dance, below, hosts dance classes at Sidings every Saturday from 9.15am-1.30pm for ages 3 to 9 year-olds.

Sidings is pleased to provide a host base for the flourishing *Kilburn State of Mind Choir* on Thursday evenings from 6.15-7.45pm.

One of our more well-established partners, KOVE (Kilburn Older Voices Exchange), meets on the 1st and 3rd Friday, at 11am, every month for older people to enjoy a cuppa & biscuits, socialise, and various activities.

West Hampstead School of Dance

Gillian Winn Community Champion Award
ARAD, PDTD, RTS

Ballet REGISTERED ROYAL ACADEMY OF DANCE TEACHER

25 years in the heart of the community

Grace Confidence Fitness Resilience

Free tryout classes 07961 435282 
gill@westhampsteadschoolofdance.co.uk
www.westhampsteadschoolofdance.co.uk

gill@westhampsteadschoolofdance.co.uk

- Excellent RAD exam results
- Pointe work
- Special workshops
- Nursery age classes continuing to Advanced levels (young adults)
- National dances from all over Europe
- Highly qualified teachers
- Professionally staged ballets (see them on our website)
- Secondary school entrance coaching
- Repertoire

*Free tryout classes at all our studios
(no commitment until ready to join)*

CLASSES ON SATURDAYS 9:30AM – 1:30PM
 Address: Sidings Community Centre, 150 Brassey
 (off Maygrove Road), NW6 2BA

FITNESS & WELLBEING

On Wednesday Mornings, CHANTRAINE SCHOOL OF DANCE continues its friendly classes for older people, taught by the amazing Sam. Chantraine Dance of Expression provides a holistic approach to dance - combining Ballet, contemporary, jazz and traditional dance styles. For more information: chantrainedance.com

Every Thursday from 2:30pm to 3:45pm, our instructor Moira hosts YOGA FOR YOU, using techniques that help with attaining steadiness, concentration and lightness of body to prepare for meditation, newcomers are always to join in the experience of Hatha Yoga.



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STARTING JUNE 5TH - AFTER-SCHOOL FOOTBALL WITH CAMDEN

**ON WEDNESDAYS FROM 5:30PM
UNTIL 8PM, AFTER-SCHOOL
FOOTBALL SESSIONS ON MAYGROVE
PEACE PARK FOOTBALL PITCH FOR
CHILDREN AGED 8+.
FOR MORE INFO EMAIL
YOUTH@SIDINGS.ORG.UK**



MAYGROVE PEACE PARK FOOTBALL PITCH

STARTING JUNE 14TH: FREE CARDMAKING WORKSHOP

**MAKE PERSONALISED SEASONAL &
CELEBRATION CARDS USING NEW
AND RECYCLED MATERIALS.**

**THESE WORKSHOPS ARE A FUN AND
CREATIVE WAY TO RELIEVE STRESS
AND BOOST YOUR MOOD WHILST
CREATING SOMETHING SPECIAL FOR
YOUR LOVED ONES.**

**WORKSHOPS WILL BE TAKING PLACE
ON THE 14TH, 21ST & 28TH JUNE FROM
10AM UNTIL 12PM.**

**TO REGISTER: DROP IN ON THE FIRST
DAY OR CONTACT US AT
02076256260 /
OFFICE@SIDINGS.ORG.UK**



**HANDMADE GREETING CARDS FROM
PREVIOUS CARDMAKING SESSIONS**



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GET IN TOUCH

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visit our website

<https://sidings.org.uk> and fill in
the form at the bottom of the
page.

For more information about the
centre, feel free to email us at
office@sidings.org.uk.

Or call us at our office on
02076256260 or 07843378339.

WHERE TO FIND US

Location: 150 Brassey Road, NW6
2BA (off Maygrove Road)

Buses: 16, 32, 189, 316, 632 (via
Kilburn High Road)
139, 328, C11 (via West End Lane)

Nearest Stations: West
Hampstead Underground,
Overground & Rail Stations;
Kilburn Underground Stations

