

FREE Computer Training Courses and Open Learning Sessions

UK **onlinecentres**

Take advantage of the many computer training opportunities at Sidings UK Online Centre. For more details of our courses and open learning sessions, plus volunteering opportunities, see our programme or contact Geoff Stilwell on 020 7372 0242.

Sidings Community Centre is:

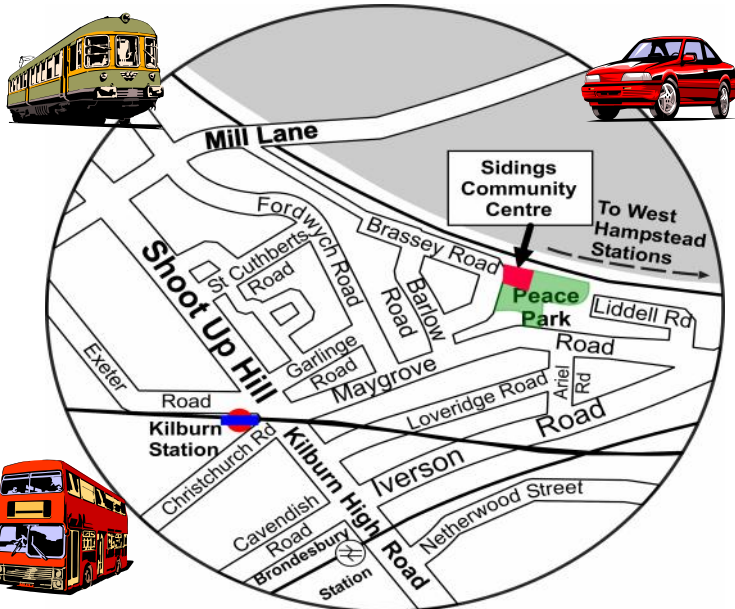
- a Registered Charity and Ltd Company
- a Voluntary Organisation run by an independent management committee of local volunteers who have a genuine interest in delivering and developing services for all sections of the community
- funded by Camden Council, local government initiatives, various trusts, & income generated from our own fund-raising efforts
- wheelchair accessible with a small car park
- committed to Equal Opportunities
- working in consultation with the community to improve the quality of life for local people

NEED A VENUE!

Sidings premises can offer suitable spaces for group meetings/training events with facilities, light refreshments and small car park.

Sidings Community Centre is situated between West End Lane and Kilburn High Road. Details on our Website : www.sidings.org.uk

Sidings Community Centre is wheelchair accessible and has a small car-park.



Sidings Community Centre

**150 Brassey Road (Off Maygrove Road)
London NW6 2BA**

Main Office – tel / fax: 020 7625 6260

General: office@sidings.org.uk

Youth Club: youth@sidings.org.uk

Out of School Project: osp@sidings.org.uk

Children's Centre – 020 7624 0588

early.years@sidings.org.uk

UK Online Centre – 020 7372 0242

ukonline@sidings.org.uk

www.sidings.org.uk

Summer 2017 programme

Find out information on all activities and enrol for classes.

Find us on [facebook.com/pages/SidingsCommunityCentre](https://www.facebook.com/pages/SidingsCommunityCentre) for latest news. Take out membership to receive regular updates.

Sidings Community Centre

aims to improve the quality of life for local people, by providing a range of services and opportunities within the community.

Registered Charity No. 297095

Limited Company No. 2139909

Monday

10am - 4pm

Sidings Children's Centre offering flexible day care for 2-4 yr olds, am & pm. Free Pre-School places for 3 & 4 year olds, *crèches & Parent Support Services. Centre is also registered provider for Camden's 2 yr Old Scheme

10am - 12pm

Getting into Learning Workshops - Creative Hub: offers workshops for you to develop your creative skills in Sewing. **Free for Camden residents.**

1pm - 3pm

Getting into Learning Workshops - English for Everyday Life: Drop in sessions to support & help with English. **Free for Camden residents.**

2pm - 4pm

Over 50's Table Tennis Club - Stay fit & have fun in a lively session. Term time only.

4.30pm - 6.30pm

11-17yrs Table Tennis Club - Stay fit & have fun in a lively session. Term time only.

6.30pm - 9pm

Youth Club for 11 – 19 yr olds.

7.30pm - 9.30pm

Red & Green Choir - Join our friendly choir to sing songs from around the world from a social & green perspective. *New members welcome!*

Tuesday

10am - 4pm

Sidings Children's Centre offering flexible day care for 2-4 yr olds, am & pm. Free Pre-School places for 3 & 4 year olds, *crèches & Parent Support Services. Centre is also registered provider for Camden's 2 yr Old Scheme

10am - 12pm

Adventure Soft-Room - Soft play physical activity sessions for parents & carers run on a drop-in basis. **£1 per session.**

5pm - 6.30pm

Football Sessions: Football skills with qualified coach & sports leaders for 11-14 yr olds. Term – time only.

6.30pm - 7.30pm

Fitness Sessions: Fitness Multi-Sports Training with qualified coach & sports leaders for 13-17 yr olds. Term –time only.

7pm - 9pm

UK Online Centre - Computing: Your Choice! Open Learning: flexible, open to all

7pm - 8pm

Pilates Class - Mixed Ability (pre-book)

8pm - 9pm

Pilates Class - Mixed Ability (pre-book)

7.30pm - 9.30pm

Praise Christian Centre- evening meeting & study group

Recycle & Rewards Scheme

Book Exchange Project

Bring in your unwanted books & take others for free. Donations of good quality Adults' & Children's books welcomed. The centre is hoping to develop further recycling & exchange initiatives soon to be announced.



Maygrove Peace Park Friends Group

If you are interested in joining the group, please contact the office on 020 7625 6260 or call in to the Centre.

Wednesday

10am - 4pm

Sidings Children's Centre offering flexible day care for 2-4 yr olds, am & pm. Free Pre-School places for 3 & 4 year olds, *crèches & Parent Support Services. Centre is also registered provider for Camden's 2 yr Old Scheme

10am - 11am

Fitness Classes for Women: Fun, full body workout for women, Beginners welcome. **£2 per session.**

10am - 12pm

UK Online Centre - Word Processing - Next Steps: Learn Paragraph formatting, Change Case, Page Margins & Orientation, use Find & Replace, create Headers & Footers, use Tabs & Indents.

1pm - 3pm

English Functional Skills L1/L2: for parents & adults wanting to improve their literacy skills.

11am - 12.30pm

The Dance of Expression Chantaine - Welcome to all those who love to dance! For older people.

1pm - 3pm

UK Online Centre - Desktop Publisher & Design Principles: Learn to use Desktop Publisher software to create Posters, Newsletters, Leaflets & learn design principles for any projects. **Free**

5pm - 6.30pm

Football & Fitness: Football skills & fitness multi sports training sessions with qualified coach & sports leaders for 6-11 yr olds. Open to boys & girls during term –time only.

7pm - 9.30pm

Youth Club for 11-19 yr olds.

Thursday

10am - 4pm

Sidings Children's Centre offering flexible extended day care for 2-4 yr olds, am & pm. Free Pre-School places for 3 & 4 year olds, *crèches & Parent Support Services. Centre is also registered provider for Camden's 2 yr Old Scheme

10am - 12pm

Adventure Soft-Room - Soft play physical activity sessions for parents & carers run on a drop-in basis. **£1 per session.**

10am - 12.30pm

Healthy Eating Cookery Course: Learn how to make simple, healthy meals for all occasions on a low budget, while including a variety of ingredients with a professional chef. **£3.50 per session goes towards ingredients**

10am - 12pm

UK Online Centre - Computing: Your Choice! Open Learning: flexible (Over 50s session).

1pm - 3pm

ESOL - English for speakers of other languages: Learn & improve your speaking, listening, reading & writing. All levels from beginners to advance are taught on this course.

1pm - 3pm

UK Online Centre - Computing: Your Choice! Open Learning: flexible, open to all

1.30pm - 2.30pm

Yoga for you – Open Level Hatha

& 2.45pm - 3.45pm

Yoga for you – Yin/Restorative Hatha (Relax & let go) Free your mind, body & soul. **£3 per session.**

7pm - 10pm

Praise Christian Centre Midweek Service

Classes marked with an * are funded through Camden's Westminster Kingsway College and fees for those classes are charged accordingly.



Friday

10am - 4pm

Sidings Children's Centre offering flexible extended day care for 2-4 yr olds, am & pm. Free Pre-School places for 3 & 4 year olds, *crèches & Parent Support Services. Centre is also registered provider for Camden's 2 yr Old Scheme

10am - 11am

Music & Dance with Gymboree – for children aged 1-4 & parents/carers. Contact centre for details. Subsidised fee of **£3.**

10am - 12pm

UK Online Centre - Computing: Your Choice! Open Learning: flexible, open to all

10am - 12pm*

Maths Functional Skills L1/L2: for parents & adults wanting to improve their basic maths skills. **Free**

2pm - 3.30pm

18yrs & Over Table Tennis Club - Stay fit & have fun in a lively session. Term time only.

4.45pm - 6.15pm

Children's Gymnastics for 4 - 7 yr olds. Term - Time only.

7pm - 10pm

Praise Christian Centre - band & choir practice, Youth Group, events & meetings

Saturday

10am – 10pm

Praise Christian Centre – focus groups & events (as per schedule)

10am – 11 am

Local councillor's surgeries - 2nd, 3rd & last Saturday in the month

10am - 5pm

Children's Parties & Group bookings according to availability

Sunday

9am – 2pm

Praise Christian Centre – Main Services

2pm – 4pm

Praise Christian Centre – Youth Service - last Sunday in the month

Help Support the Centre by Becoming a Member or a Trustee!

Sidings Community Centre needs your help and support to operate to it's full potential. By taking out membership you can demonstrate your support for the centre. As a trustee you can contribute skills, ideas and help shape strategic decision making.

Membership Fees :

•Waged **£5 per year** •Unwaged **£2 per year**

Opportunities for Volunteering & student placements

The centre offers a range of opportunities for volunteers - e.g. help with computer sessions, fund-raising. This enables local residents to contribute to their community, enhances delivery of centre services. and can also help with future career and training potential, Support and training also offered.

LEND YOUR SKILLS AND GET INVOLVED!